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Hello all Viking Lacrosse Fans, Friends, and Family!

The Associated Students of Diablo Valley College (ASDVC) is thankful for your support of our amazing DVC Viking Lacrosse club team. Here at ASDVC, we are proud of their hard work, dedication, and the accomplishments they have achieved throughout their first two years. With the amazing defeat of Stanford 7-6, the defeat of Division II St. Mary’s College, and the transfer of 12 DVC players to Division I and II lacrosse programs; it is crucial now more than ever before that we continue to support our clubs and other programs on the DVC campus.

Being actively involved with the college outside of the classroom gives students various opportunities to grow, learn, and socialize with their peers. DVC has many clubs that focus on different areas of student learning from academics, to sports, to politics, to drama, to international relations, etc. It is virtually impossible for a student not to find a club of their interest. Not only does DVC offer clubs for all interests, DVC also provides opportunities for students to participate in a large student government here on campus, ASDVC. As President and active student on campus I encourage all students to consider joining and participating in ASDVC or one of our clubs before graduating.

Whether it is athletics the strikes your interest, one of our 65 clubs, or our astonishing student government, the students of DVC are fortunate to have the opportunity to be involved with their college and to have the chance to meet new people and make friends.

Thank you, Viking Lacrosse for contributing to the Fall 2010 program and emphasizing how important it is for students to become involved in activities on campus.

Best,
Katerina Schreck
ASDVC President

“Thank-you DVC Viking Lacrosse Team. Your hard work, dedication and accomplishments make us proud.”

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The Niche of the Vikings

It’s been two years since the inception of the lacrosse program at Diablo Valley College (DVC). What began as a well chronicled meeting of six of the most unlikely teammates that could be imagined has blossomed into the only full-fledged, legitimate community college lacrosse program in the state of California. This could not have been done without the support of the entire lacrosse community of Northern California. Players, families and friends, DVC staff, coaches and club advisors of Division I and II Men’s Collegiate Lacrosse Association, Sling-It Lacrosse, league officials, high school coaches, community lacrosse club coaches, and professional lacrosse players have all lent critical hands lifting and helping Viking Lacrosse find its niche in the lacrosse community. Viking Lacrosse has established itself as a Fall Ball team which serves as a feeder program to NCAA Division II and MCLA Division I & II programs, serves incoming players who want to continue their lacrosse playing days, and serves this growing Central Contra Costa County lacrosse community in providing venues for youth and lacrosse fans to watch DVC play competitive lacrosse with such power-houses as Cal, Sonoma State, Stanford, UC Davis, and St. Mary’s College. And for those fans who followed Viking Lacrosse last year, “competitive” is exactly what they saw.

On October 11, 2009, the Vikings hosted Stanford University for what promised to be a spirited, yet likely lopsided loss to this Division I powerhouse. The Viking players, though, undaunted, shot out of the gate fast, never let up, and stunned Stanford 7-6. Stanford, last spring ultimately made the WCLL Division I playoffs. After the game, the Stanford coach told the DVC staff, “We just told our players that the way the Vikings played tonight is how lacrosse should be played.”

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“DVC Lacrosse: Fast, spirited, educational.”

Matt Schwab, Oakland Tribune
November 11th, 2009
Gaels to their championship season!

Word of the success of Viking Lacrosse at DVC has spread. Players and advocates from Santa Rosa Junior College (SRJC), as well as other colleges, have inquired with DVC on how to begin a program at their respective community colleges. Honoring part of the club’s mission to spread awareness of the sport and support other college start-up programs, we have scheduled a joint practice and a scrimmage with SRJC, with the hopes that this will provide motivation for their lacrosse players to forge ahead and begin the second successful community lacrosse program in the state. We ultimately hope to start a healthy lacrosse rivalry which will last for decades ahead between our two colleges.

In the last two years, Viking Lacrosse has transferred 12 players to NCAA, and MCLA Division I and II programs. For our players and our program, this is the point.

We congratulate the following former lacrosse Vikings who have now transferred and are planning to compete at the next level.

- Justin Cooper - Southern Oregon University
- Gavin Cooke - St. Mary’s College
- Jason Cowen - UC Davis
- Dan McGloughlin - Lehigh University (PA)
- Andrew Ertola - University of Nevada-Reno
- Travis Hayhurst - UC Santa Barbara
- Malcome Isely - Dominican College
- Alex Jennison - Columbia (Chicago, IL)
- Ron Megeath - UC Davis
- Mathias Ritter-Armstrong - San Jose State University
- Laki Sotiropulos - St. Mary’s College
- Alex Starr - St. Mary’s College

The widespread support of the lacrosse community of northern California is greatly appreciated and has been an integral part of the success of Viking Lacrosse. We look forward to a long standing relationship with our community in our efforts to provide and extend intercollegiate lacrosse opportunities to future generations of lacrosse players.
The Team

10
Rolando Aldana
Position: Midfield
H: 5'9"
W: 170
H.S.: Berkeley

33
Anthony Blanchietti
Position: Midfield
H: 5'11"
W: 185
H.S.: Cal High

2
Kofi Asare-Aboagye
Position: Attack/Mid
H: 5'7"
W: 138
H.S.: St. Marys

32
James Boland
Position: Defense
H: 6'2"
W: 230
H.S.: Alhambra

23
Evan Birdsall
Position: LSM
H: 5'8"
W: 155
H.S: San Ramon Valley

7
Marshall Bowden
Position: Attack
H: 5'11"
W: 180
H.S.: Los Lomas

No Photo Available:
Devon Bahary
14  Position: Attack
H: 5'9"  W: 150
H.S.: College Park

Trevor Beck
21  Position: Midfield
H: 6'0"  W: 175
H.S.: Los Lomas

Sebastian Darby
8   Position: Red Shirt
H: 6'2"  W: 200
H.S.: Monte Vista

Ryan King
38  Position: Defense
H: 5'8"  W: 165
H.S.: Granada

Lukas Martinelli
18  Position: Red Shirt
H: 5'11"  W:165
H.S.: College Park

Mike Schleicher
42  Position: Goalie
H: 5'11"  W:170
H.S.: San Ramon Valley

Jacob Underwood
47  Position: Defense
H: 6'0"  W: 225
H.S.: Clayton Valley

Jonathon Skinner - Coach
(pictured left)

Terry Armstrong - Club Advisor
(pictured right)

Al Boyce - P.A. Announcer, Staff Coordinator
(not pictured)

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(pictured right)

Al Boyce - P.A. Announcer, Staff Coordinator
(not pictured)
37
Jake Boyce
Position: Midfield
H: 6’3”
W: 200
H.S.: Alhambra

19
Spencer Giansante
Position: Attack/Mid
H: 5’11”
W: 170
H.S.: Cal High

20
Dan Hudson
Position: Defense
H: 6’3”
W: 213
H.S.: Cal High

4
Juan Buenrostro
Position: Midfield
H: 5’6”
W: 150
H.S.: Granada

30
Christian Halstenrud
Position: Midfield
H: 5’6”
W: 175
H.S.: Bishop O’ Dowd

43
Mark Jennison
Position: Defense
H: 6’1”
W: 185
H.S.: Monte Vista

12
Christophe Carington
Position: Midfield
H: 5’11”
W: 175
H.S.: Northgate

3
Travis Hayes
Position: Midfield
H: 5’11”
W: 170
H.S.: Dublin

44
Josh Keane
Position: Defense
H: 6’1”
W: 175
H.S.: Del LaSalle

16
Scott Edmonds
Position: Red Shirt
H: 6’0”
W: 145
H.S.: Los Lomas

15
Jake Heston
Position: Goalie
H: 5’10”
W: 175
H.S.: Granada

35
Matthew Kogut
Position: Attack
H: 6’1”
W: 270
H.S.: Tully High, N.Y.

27
Scott Forer
Position: Midfield
H: 5’8”
W: 150
H.S.: Cal High

5
John Honea
Position: Goalie
H: 5’10”
W: 170
H.S.: Foothill

6
Sean Lockner
Position: Attack
H: 5’8”
W: 155
H.S.: Cal High

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Juan Buenrostro
Position: Midfield
H: 5’6”
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H: 5’10”
W: 170
H.S.: Foothill

6
Sean Lockner
Position: Attack
H: 5’8”
W: 155
H.S.: Cal High
29 Joseph Lopez
Position: Midfield
H: 5'10"
W: 170
H.S.: Ygnacio Valley

36 Chris Rowney
Position: Midfield
H: 5'10"
W: 230
H.S.: Acalanes

24 Jae Min Song
Position: Midfield
H: 5'7"
W: 150
H.S.: Foothill

26 Robell Manna
Position: Midfield
H: 5'11"
W: 135
H.S.: Heritage

34 Sam Nep
Position: Midfield
H: 5'11"
W: 175
H.S.: Acalanes

40 Jesse Teshara
Position: Attack/Mid
H: 5'7"
W: 150
H.S.: Livermore

11 Taylor Shastid
Position: Midfield
H: 6'2"
W: 180
H.S.: Los Losmas

28 Alex Thayer
Position: Midfield
H: 5'8"
W: 135
H.S.: Alhambra

45 James Mulanax
Position: Defense
H: 6'3"
W: 195
H.S.: Las Lomas

41 Alex Warner
Position: Defense
H: 5'11"
W: 175
H.S.: San Ramon Valley

13 Chris Morrissey
Position: Defense
H: 6'0"
W: 275
H.S.: Clayton Valley

1 Dahlia Singer
Position: Goalie
H: 5'9"
W: 180
H.S.: Miramonte

26 Robell Manna
Position: Midfield
H: 5'11"
W: 135
H.S.: Heritage

39 Sam Somers
Position: Midfield
H: 6'0"
W: 170
H.S.: Acalanes

41 Alex Warner
Position: Defense
H: 5'11"
W: 175
H.S.: San Ramon Valley

13 Chris Morrissey
Position: Defense
H: 6'0"
W: 275
H.S.: Clayton Valley

9 James Waterman
Position: Attack
H: 6'3"
W: 225
H.S.: Alhambra
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<td>San Jose State</td>
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<td>St. Mary’s College</td>
<td>Moraga</td>
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<td>Saturday</td>
<td>10/16</td>
<td>Nevada-Reno</td>
<td>Reno</td>
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<td>10/20</td>
<td>University of Pacific</td>
<td>Stockton</td>
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<tr>
<td>Saturday</td>
<td>10/23</td>
<td>UC Davis Tournament</td>
<td>Davis</td>
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<td>10/25</td>
<td>CSU Maritime</td>
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<td>Saturday</td>
<td>10/30</td>
<td>Sonoma State</td>
<td>Rohnert Park</td>
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<td>Wednesday</td>
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<td>Stanford</td>
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<tr>
<td>Monday</td>
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<td>UC Berkeley</td>
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<tr>
<td>Saturday</td>
<td>11/13</td>
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<td>DVC</td>
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<tr>
<td>Monday</td>
<td>11/15</td>
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<tr>
<td>Friday</td>
<td>11/19</td>
<td>Open</td>
<td>DVC</td>
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<tr>
<td>Wednesday</td>
<td>12/1</td>
<td>UC Davis</td>
<td>DVC</td>
</tr>
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For more information: tarmstrong@dvc.edu
Visit us online at: [www.dvc.edu/vikinglacrosse](http://www.dvc.edu/vikinglacrosse)
Follow the Vikings on Twitter for live game updates: [www.twitter.com/vikinglacrosse](http://www.twitter.com/vikinglacrosse)